



**TRANSITIONAL LIVING FACILITY**

**What to Bring:**

1. Clothing for 90 day stay, including clothes appropriate for work, casual clothes, exercise, hiking clothing and footwear. Clothing should reflect a healthy attitude toward recovery.
2. Driver's license for identification.
3. Toiletries, i.e., toothbrush, toothpaste, shaving cream, razors, deodorant, etc.
4. Prescribed medications you are currently taking in **original pharmacy containers** along with a list of why you are taking them.
5. Cigarettes or individually wrapped cigars.
6. Pillow, if you prefer the comfort of your own.
7. Umbrella and appropriate outerwear (coat, hat, jacket, boots, gloves, etc.).
8. Cell phone and charger.
9. Walkman or CD players with headsets
10. Laptop computer, charger, Wi-Fi card
11. Golf Clubs
12. Necessary money.
13. Automobiles are permitted. Only legally registered and insured and with valid drivers license.

**What Not to Bring:**

1. No products containing alcohol like mouthwash, cologne, etc. due to high alcohol content.
2. Towels or linens. They will be provided.
3. Hair clippers or dyes.
4. Anything that can be considered a weapon, i.e., pocketknives, scissors, etc.
5. Pets of any kind.
6. Expensive jewelry.
7. Smokeless tobacco or snuff.
8. Laundry detergent/supplies. They will be provided.